



2009 CHASKA CO-REC VOLLEYBALL LEAGUE RULES

1. Important: All players must live or work in School District #112. Any violation of this rule will result in an automatic team expulsion from the league.

Anyone participating in the league must be a rostered player. Roster changes may be made at any time during the season by having the person sign the roster at the Park and Recreation office. Players are also only allowed to play on 1 team in each league. They cannot be on two different rosters in the Wednesday night league.

2. Please help us with league standings by having only the winning team managers fill out the score sheet. If you are recording scores from a previous week, please make sure you indicate the date.
3. The first teams are responsible putting up the nets. Last teams will be taking them down. Please help each other with nets and returning equipment.
4. If school closes due to bad weather the gym is not available, then volleyball is canceled. If there is a question about playing because of bad weather after school lets out, please call the Park and Recreation rainout line at 448-5633 x4 after 4:00pm.
5. If your team cannot play on a particular evening, it is your responsibility to call the other team's managers. There are no make-up dates available.
6. *Please do not bring children to the games. There is no space for them.
7. Ties in the standings will be determined by how you faired against the teams you are tied with. If still tied, it will be determined by the results against that team immediately ahead of you in the standings (immediately below if you're first). A coin flip will be utilized thereafter.
8. There is no minimum number needed to play a game. If a team is short women players, they will be allowed to play with 3 men and 2 women on the court. They can also play with 3 men and 1 woman if the opposing team agrees. A team cannot play with 4 men and 2 women without prior approval by the opposing team.
9. Teams may rotate in players as long as their method is consistent (i.e. players always rotate into the serving position.)

11. A team must forfeit all three games when they don't show. A team must forfeit their first game when they are late 10 minutes from their scheduled time.
12. Ending Games On Time: When your 1-hour time limit is up, the team that is ahead at that point wins the game.
13. Teams may receive and return the serve and spike with either an underhand pass (one arm or two arms locked together) or a two-handed over-head pass. Infractions of this rule result in a point or sideout.

A **spike** is an attack play in which the ball is forcibly hit into the opponents court with a one-handed overhead motion. A **drive** is an overhead pass (much like a serve) that is generally hit from the back row over the net.
14. Each match will consist of three games to 25 points using rally scoring. If the ball hits the net on a serve and still goes over, it counts, or is playable.
15. All players must be in their relative rotational a position at the instant the ball is served.
16. After the offensive team has made their 3 hits, the defensive team can legally break the net plane and put the ball back in the offensive teams' court.
17. All players must be 18 years of age to play in this league.
18. You may not play a ball that is on or over an adjacent court. You may not play a ball and then have your body cross over onto an adjacent court.

Additional Chaska Rules

1. In Co-Rec, when a ball is hit 2 or 3 times at least one of these hits must be by a woman.
2. A ball striking the ceiling on an overhead obstruction shall remain in play provided the ball contacts the ceiling on the side of the net occupied by the team which played the ball last and the same team plays the ball next. If the ball hits any other overhead obstruction (ie: basketball hoop) it will be an automatic do over.
3. Each player shall announce the score before serving.

4. Players must serve in turn. (It is recommended that if you have more than 6 players that the person in the front line to the right rotates out of the game for one play and then rotates into the serving position when the ball is next awarded to your team. Unlimited substitution is permitted.) Position on the floor must be an alternation of men and women until the serve is hit.
5. Games will be played by the honor system. Each team will be responsible for calling its own errors.
6. Teams shall change playing areas at the end of each game of the same match.
7. A volley of no less than 3 times over the net will determine the serving team for the first game of the match. After the first game the losing team shall serve first.