



American Red Cross

This course trains participants in American Red Cross Lifeguarding, CPR for the Professional Rescuer, First Aid & AED.

Register at the CCC or online at www.ChaskaCommunityCenter.com

LIFEGUARD TRAINING

COURSE PRE-REQUISITES:

- Participant must be age 15 by the last day of class
- Swim 300 yards continuously
- Skill combination of swimming 20 yards with head above water, Surface dive to a depth of 7 feet to retrieve a diving brick, swim back 20 yards carrying the brick with both hands.

Cost: \$175 Member
\$200 Non-Member

Cost includes all books and materials.

Session 1: April 10,11,17, & 18

Session 2: May 15,16,22,& 23

Session 3: July 10,11,17, & 18

(must attend all class days)

PLEASE NOTE: participants who do not pass the course pre-requisites will be charged a \$50 administration fee.

