

# The Lodge November Schedule of Events

**WEEKLY ACTIVITIES** All adults are welcome to participate in these scheduled Lodge activities. There is no fee. For more information call 952-448-2023.

- **EVERY MONDAY:** **Blood Pressure Check** 9:30-10:30 a.m.  
**Bingo** 1:00-3:00 p.m.
- **EVERY TUESDAY:** **Strength Circuit** 1:00 p.m. (Meet at Wellness Desk)  
**Bridge** 1:30-3:30 p.m.  
**Bingo** 5:30-7:30 p.m.
- **EVERY WEDNESDAY:** **Cards** (500, Hand/Foot, Euchre) 1:00-3:30 p.m.
- **EVERY THURSDAY:** **Pool/Billiards League** 5:30 p.m.
- **EVERY FRIDAY:** **Games** (Scrabble, Cribbage, Chess, Uno) 9:30-11:30 a.m.

**FREE MONTHLY ACTIVITIES** All adults are welcome. Questions? Call 952-448-2023

- **Birthday Celebrations**-The second Thursday at 10:30 a.m. (November 12)
- **Movie Matinee**-The third Friday at 1:00 p.m. (November 20-"Tough Guys")
- **Monthly Book Discussion**-The second Friday 12:15-1:30 p.m. (November 13)
- **Cribbage Tournament Days**-The second and fourth Thursday 1:00 -3:00 p.m. (November 12)
- **Watercolor Exploration Club**- No meeting this month. Taking a Winter Break back on March 30.
- **Current Events Discussion Group**-The first and third Thursday of the month at 10:00 a.m. (November 5 & 19)
- **Wii Bowling League**-November 5th from 1:00-3:00 p.m.
- **Bring a Friend Day!**-One day a month we invite you to bring a friend who has never been to The Lodge and they can receive free coupons. (November 12)

**MONTHLY ACTIVITIES** All adults are welcome. These activities require a small fee.

- **Bag Lunch Bingo**-Lunch 11:30 a.m. \$3.00 Member, \$3.50 Non-member; Bingo-Noon, FREE to all. This is a pay at the door event. Reserve your lunch at 952-448-2023. (November 11)

## **SPECIAL EVENTS**

- **Monday, November 2—"Vision Loss Resources"** Join Malia Powell with Vision Loss Resources to learn about how the eye works, major causes of vision loss in older adults, and the many helpful resources, tips and support available! 10 a.m.— 11 a.m. FREE
- **Wednesday, November 4—Honey Bear Breakfast** Join us for this special event where Lodge staff & Volunteers will make a presentation of the money generated to representatives of the Bountiful Basket and Love, Inc. 9:30-10:30 a.m.; \$6.00 per person, pay at the door.
- **Monday, November 9—Coffee with the Cops** Come on up to the Lodge the second Monday of each month for a cup of coffee with Officer Julie Janke of the Chaska Police Department. She'll inform us of any current happenings in the city and be happy to answer any questions or concerns you may have. Join us from 9:30-10:30 a.m. for free.
- **Tuesday, November 10—"Memory Loss" Lunch & Learn** Enjoy a free soup lunch while you learn more about memory loss, including: signs, risks factors, and ways to build your brain power. "Forgetfulness-Is it normal or a warning sign?" will be presented by Christine Drasher from Emerald Crest in Victoria at 11:30 a.m. Program runs 11 a.m.—12:30 p.m. FREE Memory Loss Screenings offered on Monday, November 23 9:30 a.m.—11:30 a.m. Please pre-register at the Lodge for a screening appointment.
- **Monday, November 16—"Discover Wellness: Seasonal Changes"** Join Dr. Jeff May with Total Health Advantage as he talks about the true principals of chiropractic wellness care to bring you better health and a better way of life. 9:45-10:45 a.m., FREE
- **Tuesday, November 24—Brick City Brewers** Join us for coffee, treats and musical entertainment as we go on the road. Singer Tom Anderson will perform at Auburn Village Marvel Health Chapel. 10 a.m.—11 a.m. FREE

For more information about any of these events please call: Phone: 952-448-2023  
or visit [www.chaskacommunitycenter.com](http://www.chaskacommunitycenter.com)